UNITED STATES NAVAL SEA CADET CORPS

This Packet belongs to: _______________________________________

THIS IS BASIC KNOWLEDGE THAT ALL CADETS NEED TO KNOW

SEACADETS KATY DIVISION KATY TEXAS
(2019 Version 2)
# TABLE OF CONTENTS

- TABLE OF CONTENTS .............................................2
- SEA CADET OATH ..................................................3
- SAILORS CREED .....................................................3
- 11 GENERAL ORDERS OF A CADET ................. 4
- The United States Navy Core Values .... 5
- CHAIN OF COMMAND ........................................... 6
- RANKS AND RATES ............................................. 7
- NWU ..................................................................... 8
- NECKERCHIEF ......................................................... 9
- SALUTING .............................................................10
- EXERSICE CHART ..................................................11
- NLCC – League Cadet Advancement ........ 12
- NSCC – Sea Cadet Advancement .......... 13
- Basic Watch-standing ...........................................14
- Training Specific (Details) ............................. 14
- Military Time .........................................................15
- Phonetic Alphabet ................................................16
- Naval Trivia ...........................................................16
- Flag Etiquette .........................................................17
- Terminology ..........................................................19
SEA CADET OATH

I promise to serve God, honor our flag, abide by Naval Sea Cadet Corps Regulations, and carry out the orders of the officers appointed over me, and so conduct myself as to be a credit to myself, my unit, the Naval Sea Cadet Corps, the Navy, the Coast Guard, and my country.

Sailor's Creed

I am a United States Sailor.

I will support and defend the Constitution of the United States of America and

I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and all who have gone before me to defend freedom and democracy around the world.

I proudly serve my country’s Navy combat team with Honor, Courage and Commitment.

I am committed to excellence and the fair treatment of all.
11 General Orders of a Sentry

1. To take **charge** of this post and all government property in view.

2. To **walk** my post in a military manner, keeping always on the alert and observing everything that takes place within sight or hearing.

3. To **report** all violations of orders I am instructed to enforce.

4. To **repeat** all calls from posts more distant from the guardhouse than my own.

5. To **quit** my post only when properly relieved.

6. To **receive**, obey, and pass on to the sentry who relieves me all orders from the Commanding Officer, Command Duty Officer, Officer of the Deck, and Officers and Petty Officers of the Watch only.

7. To **talk** to no one except in the line of duty.

8. To **give** the alarm in case of fire or disorder.

9. To **call** the Officer of the Deck in any case not covered by instructions.

10. To **salute** all Officers, and all colors and standards not cased.

11. To be especially **watchful** at night and during the time for challenging, to challenge all persons on or near my post, and to allow no one to pass without proper authority.

All cadets will sound off in a loud, clear voice when asked for a particular order as shown in the following example:

**Instructor:** What is the 10\textsuperscript{th} general order of a sentry?”

**Cadet:** “Sir/Ma’am, this cadet's 10th general order of a sentry is to salute all officers and all colors and standards not cased, Sir/Ma'am!”
The United States Navy Core Values

Honor: "I will bear true faith and allegiance ..."
Accordingly, we will: Conduct ourselves in the highest ethical manner in all relationships with peers, superiors and subordinates; Be honest and truthful in our dealings with each other, and with those outside the Navy; Be willing to make honest recommendations and accept those of junior personnel; Encourage new ideas and deliver the bad news, even when it is unpopular; Abide by an uncompromising code of integrity, taking responsibility for our actions and keeping our word; Fulfill or exceed our legal and ethical responsibilities in our public and personal lives twenty-four hours a day. Illegal or improper behavior or even the appearance of such behavior will not be tolerated. We are accountable for our professional and personal behavior. We will be mindful of the privilege to serve our fellow Americans.

Courage: "I will support and defend ..."
Accordingly, we will have: courage to meet the demands of our profession and the mission when it is hazardous, demanding, or otherwise difficult; Make decisions in the best interest of the navy and the nation, without regard to personal consequences; Meet these challenges while adhering to a higher standard of personal conduct and decency; Be loyal to our nation, ensuring the resources entrusted to us are used in an honest, careful, and efficient way. Courage is the value that gives us the moral and mental strength to do what is right, even in the face of personal or professional adversity.

Commitment: "I will obey the orders ..."
Accordingly, we will: Demand respect up and down the chain of command; Care for the safety, professional, personal and spiritual well-being of our people; Show respect toward all people without regard to race, religion, or gender; Treat each individual with human dignity; Be committed to positive change and constant improvement; Exhibit the highest degree of moral character, technical excellence, quality and competence in what we have been trained to do. The day-to-day duty of every Navy man and woman is to work together as a team to improve the quality of our work, our people and ourselves.
The **NAVY WORKING UNIFORM (NWU)** - The Shirt/Blouse has two outside patch pockets with top entry flaps. The blouse also contains a lay down style open collar, five front concealed buttons covered by a fly opening. The elbows have reinforcement patched elbow pads. Each sleeve has an angled shoulder pocket with flaps.

**Correct Wear** - The Shirt/Blouse worn outside the waistband of the NWU trousers. Sleeves will be rolled in accordance with Section 2102.11, when directed. NSCC Cadet Flash is attached to the Right Breast Pocket on the NWU - Crow facing Inward (Left). Name Tapes will be NWU type with Last Name above the right breast pocket and the USNSCC Tape attached above the left breast pocket. Navy Blue T-Shirt, Black Socks, and Black Belt with Silver Buckle.
Your staff cadets will instruct you on ironing your jumper whites. Take notes of the process in your notes section.

- The battle dress uniform is to be ironed to remove wrinkles. Sleeves are worn rolled while in garrison, but unrolled while in the field.
SALUTING

Hand Salute

HOW
* Raise right hand in a direct manner
* Tip of forefingers touches the lower part of the headgear above and to right of the eye.
* Keep thumb and fingers straight and firmly together.
* Should be able to see their entire palm when looking straight ahead.
* The upper arm is parallel to the deck and the forearm is at a 45 degree angle.
* When not in ranks turn head and eyes toward the person of colors being saluted.

WHEN
* Execute at attention or while marching.
* Salute officers, parading colors, or standards.
* 6-8 paces or at the nearest point.
* Salute colors or the music for colors when in sight or hearing.
* Salute when covered and outdoor.
* Indoors if in the performance of watch standing duties.
* Juniors always salute first.
* Salute smartly.
### 3. MINIMUM PHYSICAL FITNESS STANDARDS FOR MALE CADETS

<table>
<thead>
<tr>
<th>AGE</th>
<th>EXERCISE #1</th>
<th>EXERCISE #4</th>
<th>EXERCISE #5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>SIT-UPS/CURL-UPS</td>
<td>ONE-MILE RUN</td>
<td>PUSH-UPS</td>
</tr>
<tr>
<td>10</td>
<td>28</td>
<td>11:40</td>
<td>12</td>
</tr>
<tr>
<td>11</td>
<td>29</td>
<td>11:25</td>
<td>14</td>
</tr>
<tr>
<td>12</td>
<td>32</td>
<td>10:22</td>
<td>15</td>
</tr>
<tr>
<td>13</td>
<td>34</td>
<td>9:45</td>
<td>20</td>
</tr>
<tr>
<td>14</td>
<td>36</td>
<td>9:30</td>
<td>20</td>
</tr>
<tr>
<td>15</td>
<td>38</td>
<td>9:15</td>
<td>25</td>
</tr>
<tr>
<td>16</td>
<td>40</td>
<td>9:00</td>
<td>25</td>
</tr>
<tr>
<td>17</td>
<td>40</td>
<td>8:45</td>
<td>30</td>
</tr>
</tbody>
</table>

### 4. MINIMUM PHYSICAL FITNESS STANDARDS FOR FEMALE CADETS

<table>
<thead>
<tr>
<th>AGE</th>
<th>EXERCISE #1</th>
<th>EXERCISE #4</th>
<th>EXERCISE #5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>SIT-UPS/CURL-UPS</td>
<td>ONE-MILE RUN</td>
<td>PUSH-UPS</td>
</tr>
<tr>
<td>10</td>
<td>26</td>
<td>13:00</td>
<td>9</td>
</tr>
<tr>
<td>11</td>
<td>28</td>
<td>12:42</td>
<td>7</td>
</tr>
<tr>
<td>12</td>
<td>30</td>
<td>12:24</td>
<td>5</td>
</tr>
<tr>
<td>13</td>
<td>32</td>
<td>12:15</td>
<td>7</td>
</tr>
<tr>
<td>14</td>
<td>32</td>
<td>12:00</td>
<td>7</td>
</tr>
<tr>
<td>15</td>
<td>31</td>
<td>11:45</td>
<td>10</td>
</tr>
<tr>
<td>16</td>
<td>30</td>
<td>12:15</td>
<td>10</td>
</tr>
<tr>
<td>17</td>
<td>29</td>
<td>12:15</td>
<td>12</td>
</tr>
</tbody>
</table>

### 5. DESCRIPTION OF EXERCISES (SEE ADVANCEMENT AND TRAINING MANUAL APPENDIX (3) FOR ADDITIONAL GUIDANCE)

**a. SIT-UP:** **Objective:** To measure abdominal strength/endurance by maximum number of sit-ups performed in one minute. **Testing:** Have Cadet lie on cushioned, clean surface with knees flexed and feet about 12 inches from buttocks. Partner holds feet. Arms are crossed with hands placed on opposite shoulders and elbows held close to chest. Keeping this arm position, Cadet raises the trunk curling up to touch elbows to thighs and then lowers the back to the floor so that the scapulas (shoulder blades) touch the floor, for one sit-up. To start, a timer calls out the signal "Ready? Go!" and begins timing Cadet for one minute. The Cadet stops on the word "stop." **Rules:** "Bouncing" off the floor is not permitted. The sit-up should be counted only if performed correctly.

**5d. ONE-MILE RUN:** **Objective:** To measure heart/lung endurance by fastest time to cover a one-mile distance. **Testing:** On a safe one-mile distance, Cadets begin running on the count "Ready? Go!" Walking may be interspersed with running. However, the Cadets should be encouraged to cover the distance in as short a time as possible. **Rules:** Before administering this test, Cadets' health status should be reviewed. Also, Cadets should be given ample instruction on how to pace themselves and should be allowed to practice running this distance against time. Sufficient time should be allowed for warming up and cooling down before and after the test. Times are recorded in minutes and seconds.

**5e. PUSH-UP:** **Objective:** To measure upper body strength/endurance by maximum number of push-ups completed. **Testing:** The Cadet lies face down on the mat in push-up position with hands under shoulders, fingers straight, and legs straight, parallel, and slightly apart, with the toes supporting the feet. The Cadet straightens the arms, keeping the back and knees straight, then lowers the body until there is a 90-degree angle at the elbows, with the upper arms parallel to the floor. A partner holds her/his hand at the point of the 90-degree angle so that the Cadet being tested goes down only until her/his shoulder touches the partner's hand, then back up. The push-ups are done until the Cadet can do no more time expires or has reached the target number. **Rules:** Record only those push-ups done with proper form.

NSCTNG 020 (REV 04/05), Reverse

PREVIOUS EDITION MAY BE USED
NLCC – League Cadet Advancement

NLCC Advancement Requirements. The NLCC Training Syllabus is the source document for NLCC cadets. The syllabus contains activities and exams required for advancement. During the summer NLCC Orientation and NLCC Advanced Orientation is available for cadets to attend to augment the syllabus. Although this training is available it is NOT a requirement for advancement. The table below indicates the rate structure for NLCC cadets LC-1 through LC-6. The unit commanding officer is the advancement authority for NLCC cadets through all rates.

<table>
<thead>
<tr>
<th>RANK</th>
<th>TIME IN RATE</th>
<th>TIME IN NLCC</th>
<th>TRAINING SYLLABUS</th>
<th>EXAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECRUIT</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>APPRENTICE</td>
<td>4 MONTHS</td>
<td>4 MONTHS</td>
<td>PART I</td>
<td>PART I</td>
</tr>
<tr>
<td>ABLE</td>
<td>4 MONTHS</td>
<td>8 MONTHS</td>
<td>PART II</td>
<td>PART II</td>
</tr>
<tr>
<td>LC-4 (PO3)</td>
<td>4 MONTHS</td>
<td>12 MONTHS</td>
<td>PART III</td>
<td>PART III</td>
</tr>
<tr>
<td>LC-5 (PO2)</td>
<td>6 MONTHS</td>
<td>18 MONTHS</td>
<td>PART IV</td>
<td>PART IV</td>
</tr>
<tr>
<td>LC-6 (PO1)</td>
<td>6 MONTHS</td>
<td>24 MONTHS</td>
<td>PART V</td>
<td>PART V</td>
</tr>
</tbody>
</table>
**SEA CADETS - PROMOTION REQUIREMENTS**

<table>
<thead>
<tr>
<th>RATE</th>
<th>RANK</th>
<th>MINIMUM TIME IN RATE</th>
<th>CORRESPONDENCE COURSE</th>
<th>EXAM</th>
<th>REQUIRED TRAINING</th>
</tr>
</thead>
<tbody>
<tr>
<td>E-1</td>
<td>SEAMAN RECRUIT (SR)</td>
<td>NONE</td>
<td>NONE</td>
<td>NONE</td>
<td>NONE</td>
</tr>
<tr>
<td>E-2</td>
<td>SEAMAN APPRENTICE (SA)</td>
<td>3 MONTHS</td>
<td>BASIC MILITARY REQUIREMENTS (BMR)</td>
<td>PQS</td>
<td>NSCC RECRUIT TRAINING</td>
</tr>
<tr>
<td>E-3</td>
<td>SEAMAN/AIRMAN/FIREMAN</td>
<td>6 MONTHS</td>
<td>** SEAMAN, AIRMAN, FIREMAN</td>
<td>NONE</td>
<td>ADVANCED TRAINING</td>
</tr>
<tr>
<td>E-4</td>
<td>PETTY OFFICER 3RD CLASS (PO3)</td>
<td>6 MONTHS</td>
<td>COURSE 14504 PO3/PO2</td>
<td>PO3</td>
<td>ADVANCED TRAINING</td>
</tr>
<tr>
<td>E-5</td>
<td>PETTY OFFICER 2ND CLASS (PO2)</td>
<td>6 MONTHS</td>
<td>COURSE 14504 PO3/PO2</td>
<td>PO2</td>
<td>POLA</td>
</tr>
<tr>
<td>E-6</td>
<td>PETTY OFFICER 1st CLASS (PO1)</td>
<td>6 MONTHS</td>
<td>COURSE 14145 PO1</td>
<td>PO1</td>
<td>ADVANCED TRAINING</td>
</tr>
<tr>
<td>E-7</td>
<td>CHIEF PETTY OFFICER (CPO)</td>
<td>6 MONTHS</td>
<td>COURSE 14144 CPO</td>
<td>NONE</td>
<td>STAFF RTC</td>
</tr>
</tbody>
</table>

**Sea Cadet Courses - Click Here**

** - (1) Petty Officer Leadership Academy (POLA) may be completed at any time after being advanced to E-3 but must be completed prior to advancement to PO2. The Junior Petty Officer Development (JPD) Course is not a requirement for advancement. (2) The Airman Course may be done in lieu of the Seaman Course when assigned to a Squadron.
BASIC WATCH-STANDING

• Midnight = 2400HRS  Noon = 1200HRS

During a ship’s entire commissioned life, it will always have Sailors on watch. There are probably more than a hundred types of watches, depending on the ship or station. Whatever type of watch, the watch stander must devote full attention to it. The ship’s organization and the watches manned by its personnel keep the ship running smoothly 24 hours a day. Watches vary, of course, depending on both the type of ship and whether the ship is underway or in port.

Even when the ship is moored in port and receiving hotel services (utilities such as steam, water, and electricity) from the pier or another ship, it is necessary to maintain a watch for communications, security, and safety.

TRAINING SPECIFIC

• Each night, from lights out until reveille, each company will have two watch standers per two-hour shift.
• Watch standers will wake their relief fifteen (15) minutes prior to the start of the next watch. Relief will report no later than five (5) minutes prior to their designated watch to receive special instructions.
• The uniform, unless otherwise noted, will be the dungaree uniform with boon dockers, canteen, and web belt.
• The watch bill will be made by the company’s CC and will be posted at least one day in advance.
• Watch standers will be issued a flashlight for walkthroughs and a whistle in case of emergencies.
• One sentry will make a walkthrough of the company area once every fifteen–twenty minutes and log any activities or lack thereof in the log.
• Watch log entries will follow the following format:
  • All capital letters are to be used
  • Time is to be written in 24-hour time without a colon (:
  • Zeros will have a slash from top right to bottom left to differentiate between the letter “O.”
  • Any mistakes will be crossed out with a single line and the person crossing out the error will initial at the end of the line
  • Walkthroughs are to be recorded as “Roving watch reports all clear,” if there is no abnormal activity or will include what activity was observed.
  • Only black pen is to be used in the official log book
• Watch standers are to challenge all persons attempting to gain entrance to their berthing area with the exception of that company’s ACCs, CC, DivO, or the OOD.
• A copy of the eleven general orders will be posted with the watch bill at every station. Recruits should study between roving patrols.
• If there are any questions or situations that arise during your watch, do not hesitate to wake the POOW or OOD. If the situation is urgent, wake the closest staff member. DO NOT HESITATE! Safety is # 1.
# Phonetic Alphabet

<table>
<thead>
<tr>
<th>Alpha</th>
<th>Kilo</th>
<th>Uniform</th>
<th>0</th>
<th>Zero</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bravo</td>
<td>Lima</td>
<td>Victor</td>
<td>1</td>
<td>Wun</td>
</tr>
<tr>
<td>Charlie</td>
<td>Mike</td>
<td>Whiskey</td>
<td>2</td>
<td>Too</td>
</tr>
<tr>
<td>Delta</td>
<td>November</td>
<td>Xray</td>
<td>3</td>
<td>Tree</td>
</tr>
<tr>
<td>Echo</td>
<td>Oscar</td>
<td>Yankee</td>
<td>4</td>
<td>Fower</td>
</tr>
<tr>
<td>Foxtrot</td>
<td>Papa</td>
<td>Zulu</td>
<td>5</td>
<td>Fife</td>
</tr>
<tr>
<td>Golf</td>
<td>Quebec</td>
<td></td>
<td>6</td>
<td>Six</td>
</tr>
<tr>
<td>Hotel</td>
<td>Romeo</td>
<td></td>
<td>7</td>
<td>Seven</td>
</tr>
<tr>
<td>India</td>
<td>Sierra</td>
<td></td>
<td>8</td>
<td>Ait</td>
</tr>
<tr>
<td>Juliet</td>
<td>Tango</td>
<td></td>
<td>9</td>
<td>Niner</td>
</tr>
</tbody>
</table>
MILITARY TIME

<table>
<thead>
<tr>
<th>AM</th>
<th>PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 AM</td>
<td>12:00 PM</td>
</tr>
<tr>
<td>0000</td>
<td>1200</td>
</tr>
<tr>
<td>1:00 AM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>0100</td>
<td>1300</td>
</tr>
<tr>
<td>2:00 AM</td>
<td>2:00 PM</td>
</tr>
<tr>
<td>0200</td>
<td>1400</td>
</tr>
<tr>
<td>3:00 AM</td>
<td>3:00 PM</td>
</tr>
<tr>
<td>0300</td>
<td>1500</td>
</tr>
<tr>
<td>4:00 AM</td>
<td>4:00 PM</td>
</tr>
<tr>
<td>0400</td>
<td>1600</td>
</tr>
<tr>
<td>5:00 AM</td>
<td>5:00 PM</td>
</tr>
<tr>
<td>0500</td>
<td>1700</td>
</tr>
<tr>
<td>6:00 AM</td>
<td>6:00 PM</td>
</tr>
<tr>
<td>0600</td>
<td>1800</td>
</tr>
<tr>
<td>7:00 AM</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>0700</td>
<td>1900</td>
</tr>
<tr>
<td>8:00 AM</td>
<td>8:00 PM</td>
</tr>
<tr>
<td>0800</td>
<td>2000</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>9:00 PM</td>
</tr>
<tr>
<td>0900</td>
<td>2100</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>10:00 PM</td>
</tr>
<tr>
<td>1000</td>
<td>2200</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>11:00 PM</td>
</tr>
<tr>
<td>1100</td>
<td>2300</td>
</tr>
</tbody>
</table>
Naval Trivia

Oldest Commissioned Ship in the Navy: USS Constitution (1798)

Nickname of USS Constitution: “Old Ironsides”

Who names the ships today: The Secretary of the Navy

Birthday of the Navy: 13 Oct 1775

Navy Mascot: Billy the Goat

Navy Colors: Blue and Gold

Father of the Navy: John Paul Jones

Navy Fight Song: “Anchors Aweigh” Click Here

Navy Moto: "Semper Fortis" (English: "Always Courageous"), (official)"Non sibi sed patriae" (English: "Not for self but for country") (unofficial)
FLAG ETIQUETTE

The National Ensign is raised every morning at 0800 on all naval shore stations and ships. It is raised smartly and quickly to the sound of the bugle call “To the colors” and is lowered slowly to every night at sunset to the bugle call “retreat.” Special care should be taken that no part of the flag touches the ground. The Flag is then carefully folded into the shape of a tri-cornered hat, emblematic of the hats worn by colonial soldiers during the war for Independence. In the folding, the red and white stripes are finally wrapped into the blue, as the light of day vanishes into the darkness of night. This custom of special folding is reserved for the United States Flag alone.

How to fold the Flag

Step 1

To properly fold the Flag, begin by holding it waist-high with another person so that its surface is parallel to the ground.

Step 2

Fold the lower half of the stripe section lengthwise over the field of stars, holding the bottom and top edges securely.

Step 3

Fold the flag again lengthwise with the blue field on the outside.
Step 4

Make a triangular fold by bringing the striped corner of the folded edge to meet the open (top) edge of the flag.

Step 5

Turn the outer (end) point inward, parallel to the open edge, to form a second triangle.

Step 6

The triangular folding is continued until the entire length of the flag is folded in this manner.

Step 7

When the flag is completely folded, only a triangular blue field of stars should be visible.
SHIPBOARD TERMINOLOGY

Port: The left side of a vessel when looking forward. (LEFT = PORT)

Starboard: The right side of the ship

Bow: The forward part of a vessel's sides (front).

Stern: The after part of the vessel (back).

Fore: Forward.

Aft: At, near, or toward the stern (back end).

Athwartships: At right angles to the fore-and-aft line of the vessel (sideways-across).

Abaft: A relative term used to describe the location of one object in relation to another, in which the object described is farther aft than the other. Thus, the mainmast is abaft the foremast (in back of).

Inboard: Towards the centerline of a ship (towards the center).

Outboard: Towards the sides of the vessel (with reference to the centerline).

Amidships: In or towards the middle of a ship in regard to length or breadth (center of).

Beam: The extreme width of a vessel.

Below: Beneath the deck (under).

Topside: Generally refers to weather decks.

Aloft: Above the upper deck (above).

Hull: The shell. Or plating, of a ship from keel to gunwale.

Keel: The timber or bar forming the backbone of the vessel and running from the stem to the stem-post at the bottom of the ship.

Frame: The athwartship strength member of a ship’s hull.

Gunwale: The upper edge of the sides of a ship/

Forecastle: A compartment where the crew lives.

Deck: Horizontal planking or plating that divides a ship into layers; the floor.
**Bulkhead:** Transverse or longitudinal partitions separating portions of the ship ("walls" in a ship).

**Ladder:** A metal, wooden or rope stairway. Doesn’t necessarily mean something with rungs, it also means stairs. A stairwell is called a ladderwell.

**Passageway:** A hallway, or corridor.

**Void:** An empty tank.

**Overhead:** The ceiling, the deck forms the overhead of the compartment below it.

**Compartment:** An interior space (room) inside of a ship. A room. Sailors sleep in berthing compartments in a ship.

**Galley:** Space where food is prepared.

**Weather Deck:** Any deck exposed to the elements.

**Quarterdeck:** Deck area designated by the commanding officer as the place to carry out official functions.

**Scuttle:** To sink a vessel by boring holes in her bottom or by opening sea valves.

**Hatch:** An opening in a ship's deck for passageway or for handling cargo or stores.

**Manhole:** An opening into a tank or compartment designed to admit a man.

**Superstructure:** The ship’s structure above the main deck.

**Bridge:** The raised platform extending athwartships, the part of the ship from which the ship is steered and navigated.

**All hands** the entire ship’s company - everyone in the unit.

**Aye, Aye** The traditional and expected response to an order. “Yes, sir” (or Ma’am) is not an acceptable substitute.

**Belay** To cancel an order or stop an action, as in “Belay the small talk!”

**Binnacle List** Those excused from drills or activities because of illness are said to be on the binnacle list. This list is named from the practice in the age of sail of keeping such a list handy in the binnacle, the housing for the compass located near the ship’s wheel.
**Colors**  The morning or evening ceremony of hoisting or lowering the U.S. flag.

**Division**  A local unit of the Sea Cadet Corps in which the training involves general seamanship topics. Sea Cadet Squadrons concentrate on aviation while Sea Cadet Battalions study Seabee construction subjects.

**Door**  Oddly enough, the nautical term for a door—an opening in a bulkhead (wall)—is “door.” It is not a hatch. A hatch is an opening in a deck.

**Drill**  A training period scheduled for the unit. Commonly on a regularly scheduled weeknight or weekend, it can also include special training events, parades, etc.

**Field Day**  A general clean-up of the facility involving all hands.

**Cover**  Head gear, such as the cadet’s white hat or ball cap.

**Head**  The bathroom or, more specifically, the toilet, so named because in the days of sail it was a simple seat over a hole cut in the overhand of the bow in the foremost part (head) of the ship.

**Midshipman**  An adult, typically a former cadet or college student, appointed by the National Chairman to a position of leadership in the Naval Sea Cadet Corps (including the Navy League Cadet corps), under the age of 21.

**Muster**  To assemble the cadets for a roll call.

**Officer**  An adult appointed by the National Chairman to a position of leadership in the Naval Sea Cadet Corps (including the Navy League Cadet Corps). In order of precedence officer ranks include: Warrant Officer, Ensign, Lieutenant Junior Grade, Lieutenant, and Lieutenant Commander. By custom, it is common to address a Lieutenant Junior Grade as “Lieutenant” and a Lieutenant Commander as “Commander.”

**Rack**  Common slang for bunk or berth where the cadet sleeps.